


Coughlin Trail (0.1 mi) - Easy
Step into a quiet wooded path from the trail head at the Watchable Wildlife Trail, past the Coughlin memorial bench, over a boardwalk to meet the Turkey Foot Trail

Turkey Foot Trail (0.1 mi) - Easy
 This trail is named for the wild turkeys you may see wandering between woodland and the edge of the meadow

Butterfly Trail (0.1 mi) – Easy
Stroll in a grove of memorial pear and cherry trees to a picnic area (cared for by Eagle Scouts) and a butterfly garden (tended by Girl Scouts)

Lakeside Trail (0.4 mi) -- Easy
This trail leads from the butterfly garden to the perimeter of Washington Lake, where you can view waterfowl and beautiful seasonal vistas, and continue walking to meet the Sassafras Trail



Sassafras Trail (0.4 mi) - Moderate
You'll walk through several habitats along the path from the trail head at the sassafras tree, through upland forest and wooded wetlands, to the fishing pier at Cedar Pond

Look for these animals

Birds



American goldfinch
American robin
Bald eagle
Baltimore oriole
Black-capped chickadee
Blue jay
Brown creeper
Brown thrasher
Canada goose
Common yellow throat
Downy woodpecker
Eastern bluebird
Great blue heron



Great egret
Green heron
Hairy woodpecker
Killdeer
Mallard
Red-bellied woodpecker
Red-tailed hawk
Red-winged blackbird
Rufous-sided towhee
Tree swallow
Tufted titmouse
White-breasted nuthatch
Wild turkey

Mammals



Beaver
Chipmunk
Cottontail rabbit
Gray squirrel
Groundhog
Mouse
Red fox
Skunk
White-tail deer

Amphibians and Reptiles

Black snake
Box turtle
Brown water snake
Bull frog
Salamanders
Snapping turtle
Stinkpot turtle



Nature Trails
Washington Lake Park



Natural areas lie hidden just a few steps from the bustle of activity in Washington Lake Park. Our natural trails offer a relaxing opportunity to become familiar with a variety of habitats—woodlands, meadow, wetlands and ponds—and a diversity of mammals, birds and native vegetation.

Nine trails allow the visitor to walk, rest, and enjoy our beautiful landscapes.

Please stay on the trails, be respectful of nature and other hikers, and leave only your footprints behind.

Beautiful vegetation changes with the seasons

Trees and Shrubs

Atlantic white cedar	American holly
Arrow wood	Black locust
Black willow	Chestnut oak
Chokecherry	Dogwood
Hickory	Mountain laurel
Pin oak	Pitch pine
Post oak	Red cedar
Red maple	Red oak
Sassafras	Scarlet oak
Sugar maple	Sweet gum
Tulip poplar	White oak
White pine	Wild black cherry



Washington Lake Park, covering 330 acres, is the largest municipal park in New Jersey. The Park was developed over many years, with municipal funds and assistance from the NJ Green Acres Program, and was dedicated in 1992. The Park trails are open daily from sunrise to sunset.

Woodland and Wetland Plants

Blackberry	Highbush blueberry
Ferns	Jack-in-the-pulpit
Ground pine	Skunk cabbage



Poplar Trail (0.4 mi) - Easy

This trail is named for the tulip poplar trees you'll see, the tallest deciduous tree species in the state. The trail begins behind the tennis courts, meanders up and down a hill, and follows a foot bridge through typical wetland vegetation, emerging behind the Amphitheater



East Holly Trail (0.4 mi) - Easy

This trail traverses a variety of habitats, starting behind the Amphitheater, through a wooded boardwalk to the football complex on East Holly Avenue

Stage Coach Trail (0.5 mi) - Easy

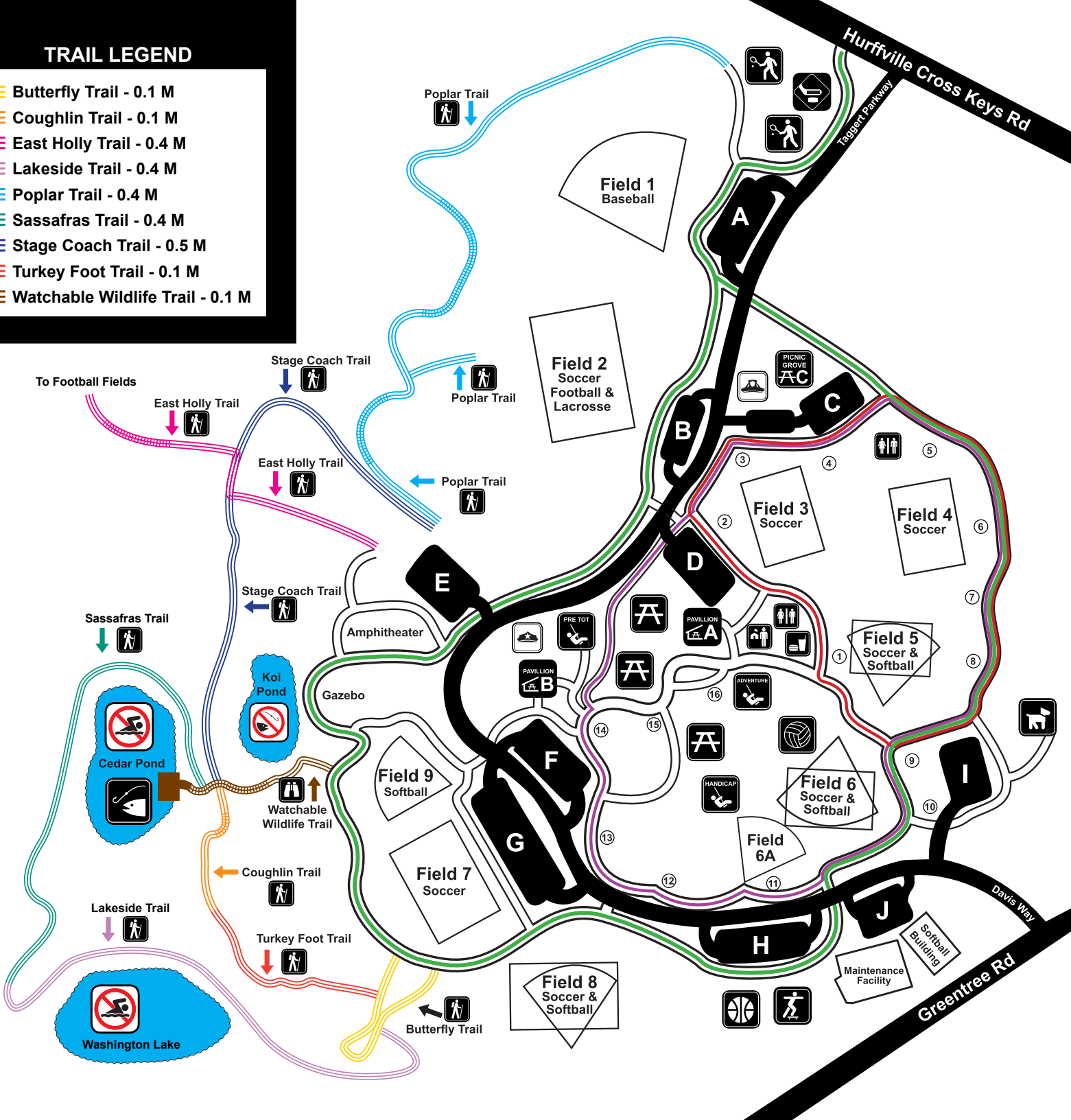
From the juncture with the Poplar Trail, wander from an upland forest habitat through wetlands on either side, to join the Watchable Wildlife Trail

Watchable Wildlife Trail (0.1 mi) - Easy

The trail begins near Koi Pond, and leads to the fishing pier at Cedar Pond; from here you can watch waterfowl, turtles and perhaps beavers busy maintaining their lodge



- TRAIL LEGEND**
- Butterfly Trail - 0.1 M
 - Coughlin Trail - 0.1 M
 - East Holly Trail - 0.4 M
 - Lakeside Trail - 0.4 M
 - Poplar Trail - 0.4 M
 - Sassafras Trail - 0.4 M
 - Stage Coach Trail - 0.5 M
 - Turkey Foot Trail - 0.1 M
 - Watchable Wildlife Trail - 0.1 M



- FITNESS LEGEND**
- Paved Road
 - Parking Lot
 - Walking Trail
 - Nature Trail
 - Wood Bridge
 - Water
 - 0.60 Mile Circuit
 - 0.90 Mile Circuit
 - 1.35 Mile Circuit
 - Fitness Stations

- MAP LEGEND**
- Ranger Station
 - Picnic Area
 - Pavillion
 - Restrooms
 - Soccer Field
 - Baseball Field
 - Softball Field
 - Tennis
 - Roller Hockey
 - Snack Stand
 - Playground
 - Volleyball
 - Basketball
 - Skate Park
 - Dog Park
 - Nature Trail
 - Watchable Trail
 - Fishing
 - No Fishing
 - No Swimming
 - Police Memorial
 - Firemen Memorial

Please Follow All Park Rules, Ordinances & Laws